Recovery & Hope Support Group

Who we are: People in recovery from schizophrenia and other serious mental health conditions

When we meet:
2nd & 4th Wednesday
3:00-4:30pm

Where we meet:
BCSS Victoria Branch
941 Kings Road

No registration required.
All welcome!

A support group of the BC Schizophrenia Society, Victoria Branch

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What we do:

We give each other hope and support on our recovery journeys through telling our stories and sharing wellness strategies.

The goal of recovery is...

"to become the unique, awesome, never to be repeated human being that we are called to be...one of the most essential challenges that faces us is to ask **who can I become and why should I say yes to life."**

Patricia Deegan, PhD (1996)
"Recovery as a Journey of the Heart"

For more information

Leave a message for Corey or Wendy at the BCSS Victoria office: 250-384-4225, or email:

peersupport.bcss@shaw.ca

BC Schizophrenia Society, Victoria Branch

941 Kings Road
Victoria BC V8T 1W7
Phone: 250.384.4225
Fax: 250.388.4391
Website: www.bcssvictoria.ca

United Way

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