

BCSS Victoria Branch Presents:

Kids in Control

9-week program for children whose parent, guardian or sibling suffers from a serious mental illness (schizophrenia, bipolar or major depressive disorder):

Ages 8-12 No Cost. Food is included!

A wait list is being taken for the Saturday 1130-1pm group starting in February!



**Does someone you love have a mental illness? You are not alone!
Kids say this course helps them “*to cope and be in control of their feelings*” and know more about mental illness.**

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Referral accepted by caregiver or professionals